



body craft

M A S S A G E T H E R A P Y

put your body in my hands

REMEDIAL MASSAGE

To support recovery from injury, regain restricted movement or to help with pain reduction.

30mins	\$70
60mins	\$105

RELAXATION MASSAGE

Swedish full body massage to completely de-stress.

30mins	\$70
60mins	\$105

LOMI LOMI

Based on Hawaiian massage. Smooth and rhythmical, integrates whole body.

60mins	\$120
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FUSION

Hot placement stones warm your tired muscles, the scent of essential oils envelope you while a combination of Hawaiian style lomi lomi strokes and Thai stretches create a total body experience. Finish with an extended head, neck and shoulder massage and your relaxation is complete.

*My most popular massage

75mins	\$140
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RELAXATION SPA FACIAL

Cleanse and hydrate your skin using Botanical Extract products designed for all skin types. A hand and foot massage ensures total relaxation.

30mins	\$70
60mins	\$110

FEET TREAT

Invigorate those tired feet with a foot soak, exfoliation followed by a reflexology style massage.

30mins	\$70
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TOTAL RELAX PACKAGE

Enjoy a top-to-toe pampering.

60mins	Massage
30mins	Facial
30mins	Feet Treat
120mins	\$230

HOT OIL BODY WRAP

A dry body brush, luxuriate in warm oil brushed over your body top-to-toe. Enjoy a face and scalp massage while snugly wrapped. A full body massage completes your treatment.

60mins	\$120
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Health fund rebates available on remedial massage

Treatments can be individually tailored

Please note: No single 30 minute treatments will be booked.

Rhonwen Warland 0427 466 936
If possible, advance bookings are preferred