

Body Craft

MASSAGE THERAPY

put your body
in my hands



REMEDIAL MASSAGE

To support recovery from injury, regain restricted movement or to help with pain reduction.

30min - \$55 60min - \$75

RELAXATION MASSAGE

Swedish full body massage to completely de-stress

30min - \$55 60min - \$75

LOMI LOMI

Based on Hawaiian massage.

Smooth and rhythmical, integrates whole body.

60min - \$80

FUSION

Hot placement stones warm your tired muscles, the scent of essential oils envelope you while a combination of hawaiian style lomi lomi strokes and thai stretches create a total body experience.

Finish with an extended head, neck and shoulder massage and your relaxation is complete.

75min - \$95

RELAXATION SPA FACIAL

Cleanse and hydrate your skin using Botanical Extract products designed for all skin types.

A hand and foot massage ensures total relaxation.

60min - \$80 30min add on - \$50

FEET TREAT

Invigorate those tired feet with a foot soak, exfoliation followed by a reflexology style massage.

30min add on - \$50

TOTAL RELAX PACKAGE

Enjoy a top to toe pampering

60min massage

30min facial

Feet Treat

120 min - \$160

HOT OIL BODY WRAP

A dry body brush then luxuriate in warm oil brushed over your body top to toe.

Enjoy a face and scalp massage while snugly wrapped.

A full body massage completes your treatment.

60min - \$80

Phone Rhonwen 0427 466936

Health fund rebates available on remedial massage

Treatments can be individually tailored.